

**Growing Deeper**  
***The Cost of 6ft***

**Week Three: *The Cost of 6ft***  
***Luke 24:13-49***

1. It is likely that your Easter celebration was not what you may consider normal, but hopefully you found some things to be grateful for this year. Let's begin our FIFTEEN today by making a list of things you have to be grateful for.
2. Read Luke 24:1-12. What did the women expect to find, and what was actually found?
3. Describe the emotions they likely experienced. Is there a word that could summarize those feelings?
4. Look over your list in the previous question. Did gratitude make your list? Why does having the unexpected happen seem to increase our gratitude?
5. Read Jesus's own words in Luke 9:22. What did Jesus say would happen to him?
6. Jesus told his disciples what would happen to him. Maybe it was too hard for them to understand or too horrible for them to grasp, because they clearly did not expect to find what they did on that first Easter morning. End your FIFTEEN with prayer. Ask God to help you expect the unexpected blessings that he has in store for you this week.

**Spend FIFTEEN – Day Two**

8. Read Matthew 1:22-23. Jesus, the Son of God, chose not to stay distant from us—at Christmas he came near in the form of a vulnerable and dependent newborn baby. What types of dangers are common to the human experience? Brainstorm a short list.
9. How was Jesus' birth described in John 1:14?
10. His life, and especially his rejection, betrayal, and death, truly showed us why flesh and blood living is so risky. What types of dangers were unique to Jesus' life that we do not necessarily experience?
11. Read Hebrews 2:10-18. How are we benefitting from Jesus taking on flesh and blood?
12. How can you respond to such a sacrifice?

13. After the resurrection, Jesus shows us that in spite of the risks, living proximate, fully embodied, is not only a great way to live, it's our destiny. End your FIFTEEN in a time of gratitude. Thank him for suffering the hardship of taking on flesh for our behalf.

**Spend FIFTEEN – Day Three**

15. Lately in our world, we see it too. The risks of embodied living seem endless. Try to come up with a list of risks that has been unique to this past year.
16. How has this past year been for you personally?
17. Now read Galatians 4:4-7 and Romans 5:6-9. When was Jesus born? When did he die?
18. Could there be something about this past year that God, in his perfect timing, could be trying to do in your life? What would that look like for you?
19. If you are not sure of your answer, what steps could you take to figure out in what ways God may be guiding you?
20. As you finish your FIFTEEN in prayer, ask God to help you see how he is at work in your life through this current season.

**Spend FIFTEEN – Day Four**

22. Why do you think it was worth it to Jesus to endure embodied living?
23. Read Hebrews 12:1-3. How does this scripture answer this question?
24. Read 1 John 3:16-17. How can we reflect that love to others?
25. The Bible uses pretty strong words to describe those who deny Jesus's flesh and blood existence. It must be important that we understand and appreciate what that means. Read 2 John 1:7. How does the Bible describe people that deny Jesus coming in the flesh?
26. To deny Jesus's earthly existence and sacrifice is to deny his love for us. It also means that we deny the example that he has set before us. God loved us with a sacrificial love, and he calls us to love others in the same way.

27. How can we use this time to serve others in love? Brainstorm some practical ways. Divide your list into two groups: people you know and those that you do not have a relationship with yet.
28. Conclude your FIFTEEN with prayer. Ask God to help you see ways that you can serve others in love.

**Spend FIFTEEN – Day Five**

29. Read 1 Thessalonians 4:13-18. How does it feel to read these words?
30. Jesus's resurrection has given us a glimpse into our destiny when he comes back to resurrect us all. A place in heaven, in the flesh. How does this knowledge impact your day-to-day life here on Earth?
31. Read John 10:10. What has Jesus come to do?
32. In what ways has Jesus impacted your life on earth? Think about physical, emotional, and spiritual ways.
33. What does each of the following verses say is the result of having Jesus in the flesh in heaven?
- a. 2 Timothy 1:8-10
  - b. Hebrews 4:13-15
  - c. Philippians 1:6
34. We have a place with Jesus in heaven someday and a place with him right now while we are here on Earth. End your FIFTEEN with a prayer. Ask God to help you live out your existence on Earth with the courage to take the risk necessary to live life to the full.